

DESTIN FIRE CONTROL DISTRICT
Destin Beach Safety Junior Lifeguard
2022 Season
Out of Town Swim Tests

This procedure has been created to accommodate out of town participants that have expressed interest in participating in the 2022 Destin Beach Safety Junior Lifeguard program.

Note: *This applies only to those participants that live outside the Northwest Florida Panhandle area.*

Please carefully read the following:

Authentication for swim test participant(s) must be performed by completing the following:

- 1) Swim test must be videotaped
- 2) Must cover an uninterrupted distance of 100 yards. Participant in pool (off the wall)
- 3) Must be conducted uninterrupted in a 25-yard or 50-meter pool.
- 4) At the beginning of the video, please state the swimmers name and the age group they are qualifying for.
- 5) Submit the uninterrupted video from start to finish.
- 6) Video must be in a format viewable (**MP4 format only**) and attached in an email sent to: tmiller@destinfire.com
- 7) If there is more than one participant you are videoing, each qualifying participant must have their own video and each video must be e-mailed as a separate file.
- 8) Video must be sent no later than April 22, 2022.

If this procedure is going to be used for your minor's participation, please reply back advising us that this method has been selected.

This information can also be found on our website at destinfire.com utilizing the link below:
[SwimTest-Out-of-TownDocumentation.docx](#)

Thank you,

Tom Miller
Academic/Lead Instructor
Destin Beach Safety Junior Lifeguards